



**BRITISH
WEIGHT
LIFTING**

Brian Stones

Paralympic Gold Medallist



Brian Stones is a three times Paralympian who won a Paralympic Gold Medal at the 1984 Games.

Stones made his Paralympic debut at the Arnhem 1980 Paralympic Games.

In 1984 he lifted 142.5kg to lead home a Great Britain 1-2 finish in the Men's 57 kg Paraplegic weightlifting event finishing ahead of fellow countryman Chris Wood.