

British Women's U23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	57	Asees Dhanda	11 August 2022	European Youths	Raszyn, POL
	Clean & Jerk	74	Alex Mackay	10 Sept 2023	British Age Group Championships	Leeds, GBR
	Total	131	Alex Mackay	11 April 2024	Home Nations	RAF Cosford, GBR
49	Snatch	68	Nikole Roberts	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Clean & Jerk	82	Nikole Roberts	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	150	Nikole Roberts	18 April 2024	British University & College Championships	Brunel Uni, GBR
55	Snatch	86	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Clean & Jerk	109	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Total	195	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
59	Snatch	85	Catrin Jones	1 July 2022	Grand Prix Dudelange Lux	Dudelange, LUX
	Clean & Jerk	108	Catrin Jones	11 June 2022	Welsh Summer Open 2022	Bangor, Wales
	Total	192	Catrin Jones	1 July 2022	Grand Prix Dudelange Lux	Dudelange, LUX
64	Snatch	87	Josie Griffiths	23 Feb 2024	England Age Groups	Maidstone, GBR
	Clean & Jerk	106	Josie Griffiths	30 July 2023	European Junior Championships	Bucharest, ROM
	Total	192	Josie Griffiths	23 Feb 2024	England Age Groups	Maidstone, GBR

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71	Snatch	85	Lucy McGonigle	26 Nov 2023	NI Championships	Mallusk, NI
	Clean & Jerk	108	Lucy McGonigle	26 Nov 2023	NI Championships	Mallusk, NI
	Total	193	Lucy McGonigle	56 Nov 023	NI Championships	Mallusk, NI
76	Snatch	97	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Clean & Jerk	120	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	217	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
81	Snatch	94	Funmi Morgan	11 April 2024	Home Nations	RAF Cosford, GBR
	Clean & Jerk	114	Funmi Morgan	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	204	Funmi Morgan	23 Feb 2024	British University & College Championships	Brunel Uni, GBR
87	Snatch	99	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Clean & Jerk	125	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Total	224	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
87+	Snatch	98	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA
	Clean & Jerk	128	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA
	Total	226	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA