



**BRITISH
WEIGHT
LIFTING**

Jon Amos

World Championship Bronze

GB Paralympic Head Coach

IPC Chairman

Trustee / Director of British Paralympic Association

The British Wheelchair Sports Federation

The English Federation of Disability Sport



Jon Amos is World Championship bronze medallist, Paralympian and former Head GB Para Powerlifting Coach.

Amos was South West Sports personality of the year 1993 and awarded Coach of the Year Awards in 2003 by Sports Coach UK in 1997 and 2007 by the British Wheelchair Sports.

He has served in numerous roles including IPC Chairman, Trustee/Director of the British Paralympic Association, The British Wheelchair Sports Federation and The English Federation of Disability Sport