



**BRITISH
WEIGHT
LIFTING**

Joseph Mel Barnet

Commonwealth Medallist

World Medallist

European Medallist



During the 1950's Joseph Mel Barnet medalled at all the major events bar the Olympics, standing on the podium at the European Championships, World Championships & Commonwealth Games.

He represented Great Britain at the 1952 Summer Olympics but failed to record a total.

However, Barnet was a three-times European silver medallist, taking the second spot in 1950, 1951 & 1954.

He represented England in the -90kg Combined division at the 1954 British Empire and Commonwealth Games in Vancouver, Canada and won a bronze medal.

Four years later he represented Wales in the -90kg Combined division at the 1958 British Empire and Commonwealth Games in Cardiff, Wales and finished sixth.