



Level 2 Technical Official (Olympic Weightlifting)

This course is the first on the Technical Officials Pathway and following its successful completion you will be able to apply for a Technical Official Licence and start officiating at competitions across the UK.

What will I learn?

The course is designed to teach you all the rules and regulations for the sport of weightlifting and test your skills and knowledge to become a weightlifting referee. The course consists of eight different sections which will cover all aspects of the competition. Modules include:

- The competition - the Technical Officials' roles and responsibilities; the weigh in; competition structure; bodyweight categories; national age group guide; national qualification totals; Technical Officials at competitions
- The snatch - technical aspects to the lift; what makes a "good lift"; what makes a "no lift"
- The clean & jerk - technical aspects to the lift; what makes a "good lift"; what makes a "no lift"
- General rules – during the lift; lifting attire and equipment; deciding a competition winner

The course is completed solely on a distance-learning basis with online support offered throughout the learning process. There are timed elements to this course. Once you have logged in and have started the course, please do not log out and leave the course as the timed elements could expire. An exam constitutes the final 50% of your overall course mark. This is completed by a mix of multiple-choice questions and a number of lifts for you to adjudicate via the online platform.

What Will I Be Qualified to Do?

The Level 2 is the first on the Technical Officials Pathway. Following the successful completion of this course you will be able to apply for a Technical Official Licence and start officiating at competitions across the UK.

Upon successful completion of this award and upon gaining your Technical Official Licence, you will be qualified to officiate at Tier 1, 2 and 3 events across the UK.

In order to allow you to start gaining event officiating experience as soon as possible, all qualified Technical Officials will be contacted by competition staff regarding officiating duties.

Roles as a Technical Official include side referee, centre referee, speaker, time keeper, assistant marshall, marshall, technical controller and weigh in duties. Technical Officials roles are selected dependant on experience.

Prerequisites

This is an entry level course. You must be at least 16 years of age on the day of purchase and have some experience of the sport and competitions.

Online learning

Length of course: 3 - 4 hours

Price of course:

Standard Price: £60 + VAT

Member Price: £57 + VAT