



Myrtle Augee

2 x European Champion

World Medallist



Myrtle Augee is a two-time European Senior Weightlifting Champion, who won eight continental championship medals across the disciplines.

She clinched four consecutive European Cup titles and took third overall at the World Championships in 1994.

Augee was also the last British weightlifter to win a World Championship medal until Emily Muskett

secured clean and jerk bronze at Pattaya.

On 4 February 1965 Myrtle Sharon Mary Augee was born in Greenwich, Greater London .

She competed in shotput at the Commonwealth Games alongside fellow Great Britain weightlifting compatriot Judy Oaks.

Over the course of her career, Augee made five appearances for England between 1986 - 2002 and won four medals including gold in Auckland 1990. The London lifter also represented Great Britain in the 1988 Summer Olympics and 1992 Summer Olympics.

Augee's maiden European Weightlifting title success came in the 1993 European Championships which was held in Valencia Spain. She snatched 85kg to tie with second and third place at the interval then clean & jerked 115kg for a total of 200kg to come through and take the overall win.

That same year she won her first European Communities Championship, kickstarting a run of four titles in a row.

In 1994 she added 12kg to her European Seniors total in Rome, Italy, but had to settle for silver overall behind Ukraine's Lubov Grigurko.

She bounced back a year later at Beersheba, Israel to reclaim the continental crown adding a further 2.5kg to her total. Augee also had success in powerlifting where she won numerous titles at National, European and World events. In 2009 she was awarded an MBE for her work as an officer at HM Prison Pentonville.