



British Weight Lifting Selection Policy

Para – Powerlifting

Award: Sports Aid (BWL – Para Powerlifting)

Date: March 2024 – March 2025

1. Purpose

This selection policy has been created to provide an opportunity for GB Para Powerlifters to access financial support from Sports aid providing they demonstrate the potential to contribute towards:

- 2026 Commonwealth Games or LA 2028
- Medals at Major senior international events in the future.

The Sports Aid award, supported by Sports Aid, gives the successful nominees financial support of **up to £1000** and access to a broad curriculum of personal development and learning opportunities. The financial support is paid in one lump sum.

2. Minimum Eligibility Criteria

To be considered for Sports Aid

- 2.1 Athlete must have submitted an application in writing which includes their BWL membership number and what eligibility criteria they meet via email to connor.macdonald@britishweightlifting.org before 17:00, 15/12/2023.
- 2.2 Athlete must be no older than 35 years of age – can be flexibility on a sport-by-sport basis based on specific sport performance pathways.
- 2.3 A current member of British Weight Lifting (BWL),
- 2.4 Athlete must not be in dispute with BWL, affiliated bodies or stakeholders.
- 2.5 Compliant with the BWL and WPP/IPC Anti-Doping Controls and Procedures.
- 2.6 Display behaviours in-line with BWL's vision and values and consistently demonstrate appropriate performance related behaviours at BWL squads
- 2.7 Athletes should be a member of a BWL Performance Pathway, specifically the **GB Exploration Squad** or eligible for the LA Paralympic games having satisfied the eligibility pathway to date.
- 2.8 Athlete must be primarily living and training in the UK. They must have a valid British passport and/or be able to compete for Great Britain.
- 2.9 Have competed in at least two competition, either of which can be BWL approved or WCP hosted trial events or international events between 1st November 2022 and the 1st December 2023 (please see point 3.2 for discretion).

2.10 Athlete must not be in receipt of UK Sport funding

3. Selection Process

The selection panel will convene to select and endorse athletes during the week beginning 26/11/2023 (subject to change by BWL). The selection process will be conducted by a BWL selection panel. The Selection process will take place as outlined below.

- BWL Para-Powerlifting has been offered **(6) awards** for Para Powerlifting by Sports Aid
- Individuals in receipt of a TASS awards are not eligible for Sports Aid

- 3.1 If the athlete achieves the minimum eligibility criteria (2.0), they will be considered for selection
- 3.2 At BWL's discretion an athlete who has not met eligibility criteria 2.6, 2.7, 2.9 and 2.10 may be considered if there is a surplus of award spaces after all other eligible athletes have been reviewed for selection
- 3.3 BWL selection panel must determine the athlete's performance potential to medal at international championship events in future considering the following;
 - 3.3.1 *The athlete's predicted 1RM based on recent training data/footage collected by BWL.*
 - 3.3.2 *The athlete's development trajectory based on progress documented to BWL during 2022-23 training processes*
 - 3.3.3 *The athlete's engagement with BWL Squads & Camps*
- 3.4 If the number of athletes who submit applications is greater than the maximum number of full awards (3.1), the selection panel at their discretion reserves the right to select the athletes who have demonstrated the greatest potential to qualify for the next Paralympic Games. Development trajectory in reference to predicted top 8 qualification standards will be used to determine potential.*
- 3.5 Athletes must consistently display performance related behaviours, which provide the selection panel with confidence that they have the capability to achieve their development objectives.
 - 3.5.1 Athletes with adequate performance levels and development trajectory,
 - 3.5.2 Athlete willingness and/or capacity to engage in a collaborative partnership with their coach and share goals and learning objectives with BWL. This looks like proactive and clear communication followed by timely action in the pursuit of learning and optimised preparation and performance.

The selection panel at their discretion reserves the right to deselect an athlete at this stage if reasonable doubts exist about any athlete's behaviour, which they feel could negatively impact;

- 3.5.3 The athlete's ability to achieve performance or development objectives
 - 3.5.4 The experience or engagement of other BWL Pathway squad members
 - 3.5.5 The reputation of BWL
- 3.6 After the BWL selection panel has convened and endorsed the nominations by the 15th December, Sports Aid will contact the successful nominees between January – February if they have been successful.

*Development trajectory will be calculated using two performances in competition or trials which are at least 6 months apart. The most recent performance prior to nomination deadline on the 26th November 2023 and the first performance in excess of 6 months ago will be used to calculate trajectory. The difference in load lifted at each event will be divided by the number of whole months (4 x 7 days = 28days) between each moment in time.

4. Obligations

Selected athletes will be required to:

- 4.1 Attend agreed team camps or activities
- 4.2 Wear appropriate apparel as specified by BWL at all camps/events
- 4.3 Submit training information as requested by BWL
- 4.4 Commit to competing in at least 3 competitions in the year*

Continually promote a positive message about the sport in Great Britain across all social media platforms.

*If an athlete removes themselves from selection for competitions, their SA support may be reallocated.

4. Selection Panel

The selection panel will be chaired by a member of BWL's Performance Advisory Group and will comprise of;

- 4.1 BWL Performance Director
- 4.2 BWL Lead Performance Coach
- 4.3 BWL Pathway Development Coach

Other members of BWL may be in attendance in a non-voting capacity to supply background information and technical or medical information.

All conflicts of interest will be declared. A conflicted individual will not vote on that particular selection but may participate in the general selection discussions, at the discretion of the Chair of the Panel.

In the event of a tied vote the Performance Director will cast the deciding vote.