



**BRITISH
WEIGHT
LIFTING**

Wally Holland

BAWLA General Secretary 1965 - 1999



Walter 'Wally' Holland was the General Secretary of the BWLA for 35 years and held many international positions within the world of weightlifting

He initially made his fortune as an optician but used his resources to contribute heavily to the success of weightlifting within the UK by fulfilling the role of British Olympic team manager from 1968 to 1992 and General Secretary of the British Amateur Weightlifters' Association from 1965 to 1999.

After serving as Assistant Secretary of the IWF from 1976 to 1984 he was Executive Member 1984-1988 Vice President of the IWF.

He was the President of the European Weightlifting Federation from 1987 to 1999. An emblematic figure in weightlifting, known to all as "Wally".

His wit, humour and vitality which he kept for a very long time, well into his 80s, made him a popular and beloved figure all around the world. His great services to his country were rewarded by HM the Queen by the OBE title.

He passed away in 2011 aged 93.