# Safeguarding Courses

### **Course Information**

The 'Safeguarding & Protecting Children (Online Classroom)' course is delivered by UK Coaching for British Weight Lifting's members.

"Safeguarding training provides you with guidance and scenarios to prompt you to reflect on what it means to be a child today, and to consider the impact and implications on your coaching practice".

Safeguarding training is a minimum requirement to help those responsible for organising sport to carry out their role safely and effectively. The course is suitable for coaches, welfare officers, parents, and volunteers.

This interactive online classroom will help you recognise and respond to concerns a child may be experiencing, or be at risk of experiencing, harm, neglect, or abuse.

You will learn the importance of person-centred care and taking an individualised approach, that puts the child or young person at the heart of every session.

UK Coaching works in partnership with the NSPCC and CPSU to regularly review and develop the course content and materials to ensure the learning content, guidance and delivery is current.

Through interactive scenarios and discussions with people from different sports and activities, you will have the opportunity explore the consequences of those decisions in a safe and supportive environment, helping to increase your confidence to deal with safeguarding issues effectively and counteract the latest threats to emerge that could impact on the physical or mental health of children in modern Britain.

The course has been awarded 2 CPD points by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

## What does the course qualify me to do?

Completing the course helps you fulfil the requirements of becoming a BWL licenced coach or welfare officer.

### **Prerequisites**

Learners must be at least 18 years of age when booking, a member of BWL, and be able to communicate effectively in English.

# **Online learning only (interactive)**

Length of Course: 3 hours

#### **Price of course**

Exclusive Member Price: £28 (RRP £38)

### **Certificate of completion**

After the course, you'll be sent a certificate of completion from UK Coaching. Please upload this to your BWL membership profile.



# Safeguarding & Protecting Children (online classroom)

# **Joining Instructions**

# **Description:**

The 'Safeguarding & Protecting Children (Online Classroom)' course is delivered by UK Coaching for British Weight Lifting's coaches and volunteers at an exclusive price.

Safeguarding training is a minimum standard that every coach involved in any sport in the UK needs to meet to carry out their role safely and effectively. The course may also be attended by all those responsible for organising sport (e.g. welfare officer, parents, and volunteers).

#### Link to Online Classroom:

• The link to your online classroom will be sent to attendees directly from UK Coaching at least 3 days before the course date.

### **Joining Guidance:**

You must join the online classroom 10 minutes before the start. Late delegates will not be admitted into the classroom and will need to rebook a session.

Although you can access UK Coaching's online classroom using any mobile device, the best experience will be achieved by using a laptop or PC. You will need the following equipment:

- 1. Headset or a device with speakers
- 2. Device with a microphone
- 3. Ability to connect directly into your router (if wifi drops out)